The Six Strands of the PSHE KLA

Strands	Sub-strands	Perspective
1. Personal and Social Development	• Self esteem • Self management • Healthy lifestyles • Human relationships • Sexuality issues	People as individuals and social beings (This strand integrates content and knowledge from Personal and Social Education, Health Education, Civic Education and Ethics and Religious Education)
2. Time, Continuity and Change	• Time and chronology • Understanding the past • Change and continuity • Historical interpretations	People in relation to time (This strand integrates content and knowledge mainly from History Education, and also from Geography Education, Civic Education and Ethics and Religious Education)
3. Culture and Heritage	• Foundations of culture • Customs and traditions • Challenges and repercussions in the modern world • Cultural diversity and interaction	People in the cultural world (This strand integrates content and knowledge from History Education, Geography Education, Ethics and Religious and Cultural Studies)

Strands	Sub-strands	Perspective
4. Place and Environment	• Natural and human features of a place • Spatial association and interaction • People-environment interrelationships • Conservation and sustainable development	People in relation to space and the environment (This strand integrates content and knowledge from Geography Education, Environmental Education, Economics Education and also History Education)
5. Resources and Economic Activities	• Use of resources • Production and consumption • People and work • Exchange	People in relation to the material world (This strand integrates content and knowledge from Economics Education, Geography Education and Careers Education)
6. Social Systems and Citizenship	• Rights, responsibilities and social virtues • Social norms, rules and law • Local, national and global identities • Social system, political system and interaction	People as groups (This strand integrates content and knowledge from Civic Education, Political Education and Ethics and Religious Education)