



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,
各位家長：

P22078

Arrangement on Form Teacher / Assembly Lessons (December 2022)

班主任課安排(二零二二年十二月)

Please be informed that all classes have Form Teacher /Assembly lessons in the 8th period every Friday and all F.1 classes have the supplementary Form Teacher /Assembly lessons in the 8th period every Tuesday in the first term. The details of the timetable in December are stated at the back of the letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級的第二節班主任課將於第一學期逢星期二第八節課進行；詳情請參閱後頁資料(十二月時間表)。

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Law Wing Chung, Principal 羅穎忠校長

29th November 2022 二零二二年十一月廿九日

F1 – F6 Form Teacher Period / Hall Assembly

2022 – 2023 (December 2022)

Date	Hall Assembly (Through ZOOM)	Form Teacher Period	Time
2/12/2022	F1 – F3 Food Angel talk on Food Waste Reduction - Environmental Ed	F4 大灣區升學講座 - CRD (Second Hall) F5 Mindfulness Class & Teacher Sharing – GCD & Form Co F6 Briefing on EAPP and Registration – CRD (Room 421-423)	14:50 – 15:30
9/12/2022		F1, F6 DSE 加油站 - GCD F2 Cyber Wellness Talk – GCD F3 Career Awareness Development (I) – CRD F4 Teacher sharing F5 Teacher sharing	14:50 – 15:30
16/12/2022		F6 HYC Mock Interview Workshop – CRD - Interview Talk (2:50 – 3:30, Second Hall) - Mock Interview (3:45 – 5:15, Venue: To be announced later)	*14:50 – 17:15

Remarks: * Form Teacher / Assembly lessons end after 3:30pm

F1 Supplementary Form Teacher Period / Hall Assembly

2022 – 2023 (December 2022)

Date	Hall Assembly	Form Teacher Period	Time
6/12/2022	F1 男女大不同 (2) - Sex & Health (Boys: Rm 421 – 423) F1 女生青春期調理保健講座 - Sex & Health (Girls: LT)		14:50 – 15:30
13/12/2022		F1 Mindfulness Tasting Classes & Teacher Sharing – GCD & Form Co	14:50 – 15:30