



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110
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Dear Parents,
各位家長：

P18013

Arrangement on Form Teacher / Assembly Lessons

班主任課安排

Please be informed that all classes have Form Teacher /Assembly lessons in the 8th period every Friday and all F.1 classes have the supplementary Form Teacher /Assembly lessons in the 8th period every Tuesday in the first term. Due to the special request of particular programs, some of the Form Teacher / Assembly lessons may end after 3:30pm. Students should attend these lessons. The details are stated at the back of the letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級的第二節班主任課將於第一學期逢星期二第八節課進行；當中部份活動課程因有特別要求，放學時間將有所延遲，詳情請參閱後頁資料。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學

Law Wing Chung, Principal 羅穎忠校長
6th September, 2018 二零一八年九月六日

Reply Slip 回條

P18013

I acknowledge the receipt of the circular concerning "Arrangement on Form Teacher / Assembly Lessons".

本人經已知悉 貴校來函有關「班主任課安排」事宜。

Name of Student 學生姓名：_____

Class 班別：_____ CSNO 班號：_____

Name of Guardian 監護人姓名：_____
(Block Letters 中文正楷)

Signature of Guardian 監護人簽署：_____

Date 日期：_____

**F1 – F6 Form Teacher Period / Hall Assembly
2018 – 2019 (1st Term)**

Date	Hall Assembly	Time	FT Period	Time
7/9/2018	F1 – F6 訓導處講座 (Hall) -DD	2:50 - 3:30		
14/9/2018	F1 – F6 House AGM - CCA	2:45 - 3:45*		
28/9/2018	F4 - F6 Understanding of SLP & OEA (Hall) - ACD	2:50 - 3:30	F1 熱血青春 (Boys :LT, Girls :Rm 421- 423) - Sex & Health Ed	2:45 - 3:45*
			F2 從夢啟航工作坊-學友社- CRD	2:45 - 3:45*
5/10/2018	F1 – F6 Joint Inauguration (Hall) - SU	2:45 - 3:45*	F3 Project Presentation - ACD	2:50 - 3:30
12/10/2018				
19/10/2018	F1 – F2 關懷貧窮教育計劃 - 見窮又 見貴 (Hall) – CMN	2:50 - 3:30	F1 – F6 Student Profile	2:50 - 3:30
			F3 中四選科策略工作坊-學友 社-CRD	2:45 - 3:45*
			F4 Ch1 標籤的疑惑	2:50 - 3:30
			F5 Career Mapping –CRD	2:45 - 3:45*
			F6 JUPAS Registration- CRD	2:45 - 3:45*
26/10/2018	F5 JUPAS Introduction (2nd Hall) - CRD	2:45 - 3:45*	F1 吾係石頭爆 - Sex & Health Ed	2:45 - 3:45*
			F2 Ch1 被情緒支配的人	2:50 - 3:30
			F3 Ch1 小圈子及大圈子	2:50 - 3:30
			F4 目標定立工作坊 -學友社-CRD	2:45 - 3:45*
16/11/2018	F4 – F5 Talk by Planning Department (Hall) – Geog. Dept	2:45 - 3:45*	F1 Ch1 自我形象	2:50 - 3:30
			F2 Ch2 抵抗逆境	2:50 - 3:30
			F3AB 愛情急症室 - Sex & Health Ed	2:50 - 4:00*
			F3CD 與班主任真情對話 1	2:50 - 3:30
23/11/2018	F6 Interview Talk (2nd Hall) CRD	2:45 - 3:45*		
	F1 – F6 Achieving Your Dream (Hall) – CMN	2:45 - 3:45*		

Date	Hall Assembly	Time	FT Period	Time
7/12/2018	F1 – F2 Mental Health Talk (Hall) - GCD	2:45 - 3:45*	F4 與班主任真情對話 1	2:50 - 3:30
	F3 Panel Head Subject Selection Talk (Part 1) (2nd Hall) – CRD	2:45 - 3:45*	F6A Stress Management Workshop 1 (Rm 424) – GCD	2:45 - 3:45*
	F3AB Admission Talk (LT)-CRD	2:45 - 3:45*	F6B Stress Management Workshop 1 – GCD	2:45 - 3:45*
	F5CD Admission Talk (Rm421- Rm423)-CRD	2:45 - 3:45*	F6CD 模擬面試 (升學) -學友社 -CRD	2:45 - 4:15*
14/12/2018	F4 生涯規劃講座 (高中) 學友 社(Hall)-CRD	2:45 - 3:45*	F1 Ch2 自我肯定	2:50 - 3:30
	F5 Multiple Pathway Talk (2nd Hall)- CRD	2:45 - 3:45*	F2 香港文化發展探索日簡介	2:50 - 3:30
			F3 Ch2 正向溝通全攻略	2:50 - 3:30
			F6C Stress Management Workshop 1 (LT) – GCD	2:45 - 3:45*
			F6D Stress Management Workshop 1 – GCD	2:45 - 3:45*
			F6AB 模擬面試 (升學) - 學友社 – CRD	2:45 - 4:15*
20/12/2018	F2 – F4 “瘦身文化(面靚)” (Hall) -- Sex & Health Ed	2:45 - 3:45*	F1, F6 DSE 加油站 - GCD	2:50 - 3:30
			F5 Career Awareness	2:45 - 3:45*
			Development - CRD	
4/1/2019			F6A Stress Management Workshop 2 – GCD	2:45 - 3:45*
			F6B Stress Management Workshop 2(Rm421) –GCD	2:45 - 3:45*
			F6CD Briefing on EAPP and Registration - CRD	2:45 - 3:45*
11/1/2019			F6C Stress Management Workshop 2 – GCD	2:45 - 3:45*
			F6D Stress Management Workshop 2(Rm 421)-GCD	2:45 - 3:45*
			F6AB Briefing on EAPP and Registration -CRD	2:45 - 3:45*

Remarks: * Form Teacher / Assembly lessons end after 3:30pm

F1 Supplementary Form Teacher Period / Hall Assembly

2018 - 2019 (1st Term)

Date	Hall Assembly	FT Period	Time
11/9/2018	訓導處講座 (Hall) –DD		2:50 - 3:30
18/9/2018	溫習技巧 (Hall) - ACD		2:50 - 3:30
2/10/2018	生涯規劃講座（初中）學友社 (Hall) - CRD		2:45 –3:45*
9/10/2018	《健康 SUN TEEN》 - 認識毒品學生講座 (Hall) –Sex & Health Dept		2:45 - 4:45*
16/10/2018		情緒過山車 –Sex & Health Ed	2:45 - 3:45*
23/10/2018		Stress Management 適應 –GCD	2:50 –3:30
8/11/2018	中學巡迴教育劇場 - 《不普通的郊外遊》 (Hall) -普通話組		2:50 –3:30
20/11/2018		與班主任真情對話 1	2:50 - 3:30
27/11/2018		時間管理工作坊 - CRD	2:45 –3:45*
4/12/2018	成長課(1) (Hall) - GCD		2:45 –3:45*
11/12/2018		成長課(2)-GCD	2:45 –3:45*
18/12/2018		成長課(3)-GCD	2:50 –3:30

Remarks: * Form Teacher / Assembly lessons end after 3:30pm